

Feeding Developmental Ages Milestones

Age

(Years-Month)

0-6	Gets bottle to mouth by self
0-8	Self-feeds finger foods
1-2	Brings spoon to mouth and turn it over (can't get much food)
1-3	Drinks from cup without much spilling
2-7	Eats with fork
4-6	Cuts easy foods with kinfe
5-0	Uses knife to spread things